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Whyeveryoneis Hip

Our stories are reflected in their songs — which have forever etched their way deep into Canada's heart



Kristen Lipscombe Metro Halifax

The Tragically Hip — five guys from Kingston — remind us of ourselves.

Our stories are reflected in their songs, and in their three-decade long journey of ups and downs, from Juno Awards to terminal illness, which have forever etched their way deep into Canada's heart.

The lyrics "they shot a movie once, in my hometown" have always evoked an emotional response in me.

I can't help but sing along when Blow at High Dough randomly comes on my car radio, and it's guaranteed that I will get up and dance if I'm in a bar that starts blasting the iconic song from the 1989 album Up to Here.

Okay, let's be honest. The same is true when I hear any tune by The Tragically Hip, my hometown band. Having grown up in Kingston, Ont.,

FISHERMAN'S

Five Dunity Snapod & Lobert

it's impossible not to feel pride for a bunch of seemingly average local guys not just making it big in music, but becoming interwoven into the very fabric of Canadian culture.

And perhaps that's what Kingstonians are most proud of - the fact that The Hip isn't just our band, but the entire country's band.

From "' ... in Bobcaygeon, where I saw the constellations ..." to " ... sundown in the Paris of the prairies," The Hip's lyrics travel across the country, while the unique rumble of Gord Downie's voice and the band's distinctive brand of alternative rock somehow represent our Canadian mindset, and have become our country's signature sound.

That journey, and that feeling we get when we hear The Hip on the radio, will be celebrated Saturday night not just in our hometown, but across the country, as a "late breaking story on the CBC," and at public viewing parties taking place coast to coast.



'Lock it', Halifax police say



If it has a lock, use the lock.

That's the advice police were giving Thursday in light of 41 reports of residential break and enters around peninsular Halifax since July 1.

"In the majority of the incidents the doors (or windows) were unlocked, and it's unfortunate that we do have to lock our doors," Halifax Regional Police Const. Dianne Woodworth said.

On Thursday, police said suspects have been charged in five of the 41 incidents. A few breakins involved smashed windows or forced doors or locks, but most were left unlocked by residents.

"It drives me nuts people are breaking into houses, but they will until the end of time, so lock your doors. Cars, too. Anything that has a lock? Lock it," Woodworth said.

Some of the items taken from Halifax homes included electronics, purses, food, liquor, clothing, musical equipment and tools.

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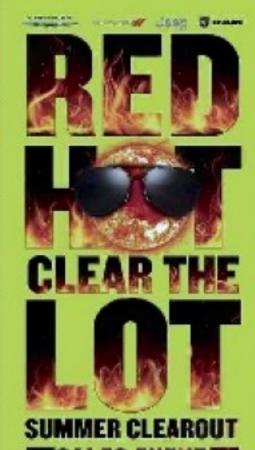
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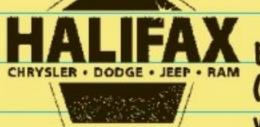
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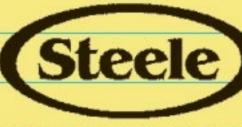
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Your essential daily news

Uber will soon offer rides in self-driving cars in Pittsburgh, Pennsylvania

'Follow your dreams'

COMMUNITY CAMPAIGN

Mulgrave Park youth share loving messages



Rebecca Dingwell For Metro | Halifax

Messages such as "you're beautiful" and "reach for the stars" greeted many folks walking in downtown Halifax on Thursday.

The notes — along with some candy - were part of the annual Spread the Love day by Phoenix Youth and Community Centre. The initiative started three years ago, as the young people at the centre wanted to do something to change the perception of Mulgrave Park in north-end Halifax.

"I think the community sometimes get painted with a narrative that's not true," said DeRico Symonds, a community outreach worker at Phoenix Youth.

Symonds pointed out projects such as a local food bank and a tennis association were started in the area.

"A lot of folks don't really get to go to Mulgrave Park, and they only really see or hear what somebody else might say," said Symonds.

For that reason, Symonds feels it's important for the community to reach out to the downtown core.

"We want to make sure that other folks are seeing people from Mulgrave Park... spread-



LaNajsha Jordan, left, and Salia Hansen were out sharing positive notes on Thursday. REBECCA DINGWELL/FOR METRO



It's a great and amazing community filled with a lot of wonderful people. DeRico Symonds

ing positive messages."

For 17-year-old Shykia Upshaw-Paris, it was her second time participating in the event. Her favourite message to hand out was "follow your dreams."

"So often, people forget to

follow their dreams," said Upshaw-Paris. "They'll just do what makes money - they don't actually do what makes them

Upshaw-Paris said it means a lot to her to let people know

about the loving nature of her community. She also sees people "brighten up" when they receive a message.

"You can tell when you're changing their day from the worse to the better."

Spread the Love day had an added touch for the youth this year. Symonds explained that Mayor Mike Savage has been involved with the initiative before, but this is the first time the kids were treated to a tour of city hall. They also got to visit the law courts.

"It was a great learning experience for them," said Symonds.

"(It was) not just a tour. They got to learn some information about city hall, then learned how some of the court systems

Satisfaction with mayor high: Survey



Satisfaction with Mayor Mike Savage's performance is high and consumer confidence in Halifax continues to grow, according to an Urban Report Survey released

In a media release, Corporate Research Associates Inc. (CRA) said results of their survey showed consumer confidence among Halifax residents rose for the second quarter in a row after experiencing a "notable decline" in the first quarter of 2016.

Halifax has scored a rating of 104.9, the highest of four Maritime cities surveyed. Moncton posted 103.2, Fredericton 100.4 and Saint John at 99.4.

The CRA survey also noted 69 per cent of Halifax residents said they were satisfied with the performance of Halifax Regional Council under Savage. The survey included 400 residents from the Halifax region and was conducted between July 21 and Aug. 6.



Mayor Mike Savage METRO FILE

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THINGS TO DO IN HALIFAX THIS WEEKEND

From celebrating The Hip to playing dress-up, there's lots to see and do.



BE HIP HALIFAX

Join the hip fun as the Downtown Halifax Business Commission hosts a day-long celebration Saturday in honour of Gord Downie and The Tragically Hip. Events include a free, family-friendly street party on Argyle Street from 2 to 8 p.m. ahead of the CBC's free, live public screening of the Canadian band's final concert in Kingston, Ont. More details at downtownhalifax.ca/thehip.

YUMMYSTUFF

Enjoy international cuisine, live music, henna and face painting during Saturday's International Picnic. The food vendor fair at Victoria Park in Halifax is a Dalhousie University Rotaract Club event running from 11 a.m. until 6:30 p.m. Proceeds will support the Malala Fund to empower girls worldwide with access to safe, quality education.

REELY GOOD IDEA

Hey, movie buffs! Video Difference locations on Quinpool Road and on the Bedford Highway will begin selling off more than 80,000 titles left over from their video collection. The liquidation begins at both stores on Saturday. Go early for the best selection.



The Tragically Hip's Gord Downie performs during the first stop of the Man Machine Poem Tour at the Save-On-Foods Memorial Centre in Victoria, B.C. on July 22. CHAD HIPOLITO/THE CANADIAN PRESS

CURTAINS UP

Enjoy a tale as old as time with the Neptune Theatre performance of Disney's Beauty and the Beast. This is the musical's first weekend run. The show runs from Aug. 16 to Oct. 9. Visit neptunetheatre.com for performance times and ticket information.

DRESS UP

If you love magical creatures, medieval villages, enchanted fairy courts, dark elves, Harry Potter, ancient and modern-day fairy tales, then you may enjoy the Once Upon a Fairytale event at the Halifax Forum this weekend. Running from 10 a.m. to 6 p.m. on Saturday and 10 a.m. to 5 p.m. on Sunday, the event includes a fairy court tea. General admission is \$5 at the door. Children eight and under are free, and a family pass for five people is \$20.



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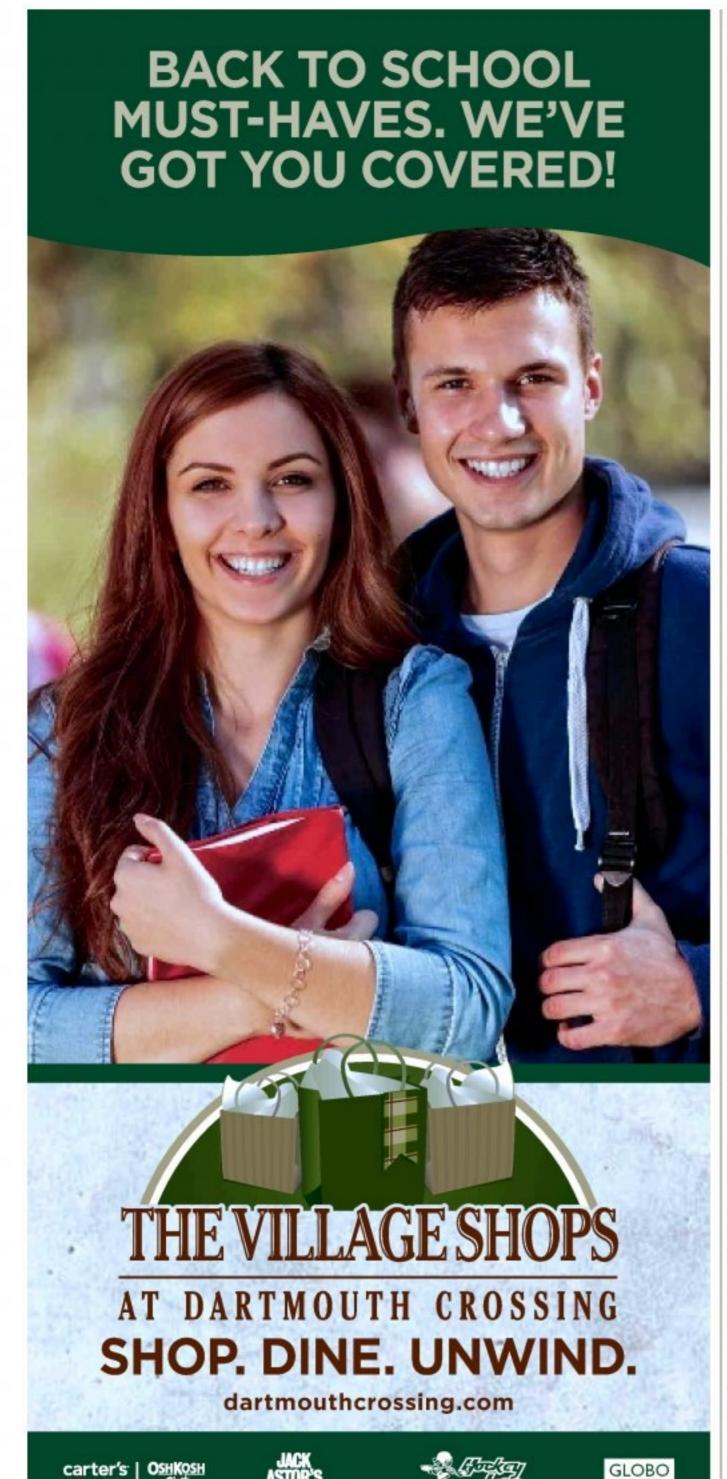






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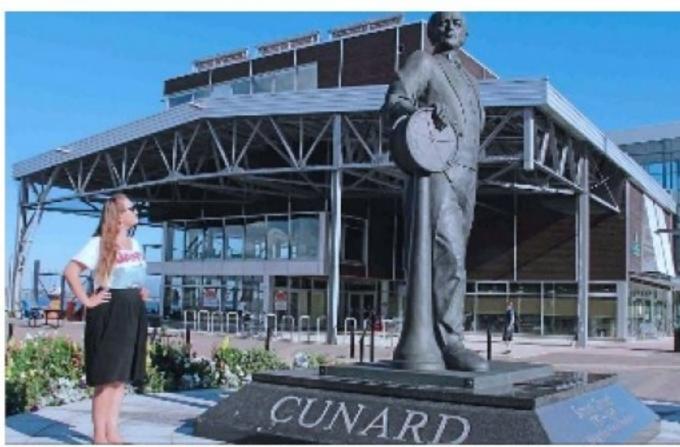
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Via Burnside/Highway 118, (Exit 12) off Highway 111

TOMMY = HILFIGER



Sarah Toye, an early modern historian and secretary of the Halifax Women's History Society, at the statue of Samuel Cunard, REBECCA DINGWELL/FOR METRO

Man, that's a lot of man-uments

Highlighting lack of diversity in city's monuments



Rebecca Dingwell For Metro | Halifax

Sarah Toye feels the monuments in the Halifax area should be more representative of its people.

Toye is the secretary of the Halifax Women's History Society (HWHS). She recently started a social media series — Halifax Manuments — through the society's Instagram account.

"We are bothered by the dominance of a single demographic in the public space in Halifax," Toye said Thursday.

In other words, there's a lack of monuments for women, indigenous peoples and other marginalized communities.

The Edward Cornwallis stat-

ue, often a subject of local debate, was the first instalment of the photo series. However, Toye makes it clear that the HWHS is not protesting Halifax's existing monuments or calling for their removal.

"That's really not what we're about," she said. "I think maybe trying to create a more inclusive public space will be the first step

into thinking about these things." Toye explained that while there has been a lot of recent discussion around diversity in media and curricula, she thinks the topic of public space has been neglected.

"I was just thinking of a way we could highlight this in a more powerful way, because we talk about it all the time," she said. "I was looking for something that would hit home, and images are so powerful."

The hope is that the HWHS will be able to reach more people through social media, as well as addressing the issue in a lighthearted way. Toye wants it to be an approachable conversation, because "preaching to the choir doesn't do anything."

Toye also referred to a statue of Shannen Koostachin, a Cree woman, in Ontario. She feels it's a great example of a femaledriven monument.

"Who wouldn't want a statue like that around?" she said.

One step toward diversity is the HWHS Woman on the Waterfront project to honour female Second World War volunteers. That launched back in October.

The society is in the process of finding an artist to create the statue. It will feature a little girl and two adult women, including an African-Nova Scotian woman.



It's just unrealistic to think women didn't do anything to deserve a permanent place here. Sarah Toye

HEALTH CARE

Province to build hospice in Kentville, opening in 2019

The Nova Scotia government says a new hospice is set to open in the Annapolis Valley

The province says the residential facility will have up to 10 beds and will be located on the grounds of the Valley Regional Hospital in Kentville.

Under a new agreement between the Valley Hospice Foundation and Nova Scotia Health Authority, the foundation will contribute up to \$3.3 million for construction costs.

The authority will pay about \$1.7 million per year to maintain and operate it.

Construction will begin in 2017 and the facility is expected to open by 2019.

Hospices offers a homelike setting for people with a terminal illness who are unable to spend their last months or weeks at home.

THE CANADIAN PRESS





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Resolutions, not revenge: Judge

LITIGATION

Retired lawyer reprimanded for using law as 'cudgel'

Courts cannot be used as a tool "to bring a world of hurt" on adversaries, a Nova Scotia judge has declared in the case of a retired lawyer who launched a barrage of legal actions over veterinary treatment given to his dog, Cougie.

"The courts are available for the controlled and restrained resolution of legal disputes. They are not available for litigants who grind out legal proceedings for the purpose of inflicting maximum punishment on their adversaries," wrote Justice Jamie Campbell of the Supreme Court of Nova Scotia in a recent ruling.

In the ruling, Campbell ordered that Jack Cram cannot take any new legal actions against several veterinarians, a vet clinic and the provincial veterinarians' association without court approval. The judge further dismissed various Cram claims against other assorted adversaries.



A sheriff stands outside a courtroom at Nova Scotia Supreme Court in Halifax. JEFF HARPER/METRO FILE

"Mr. Cram is convinced that he is right. Everyone else is not only wrong but they are involved in a criminal conspiracy to thwart his quest for justice. People are allowed to think that way. They are allowed to rant, rage, and rave about the injustices that they perceive," said the judge.

"To some extent the legal system can become an open mike for the angry. But when a person crosses over into using multiple legal processes themselves as a cudgel to wreak vengeance on an opponent, the court is obliged to restrain them."

The dispute began in June 2015, when Cougie, Cram's Australian blue heeler, was prescribed medicine by a Bridgewater vet who never examined the dog. Cram alleged the medicine was harmful, and laid a negligence complaint with the Nova Scotia Veterinary Medical Association (NSVMA).

A NSVMA discipline committee rejected the complaint, and

Cram appealed to the provincial Supreme Court, levelling a series of allegations in legal motions that drew in several law firms, judges and the prosecution service.

In a July 7 oral ruling released in written form this week, Campbell noted Cram's bid for judicial review of the vets' association ruling will be heard in the Supreme Court in September, but his "circus of motions" needed

"He has issues with and made serious allegations regarding the Chief Justice of Nova Scotia, the Chief Justice of the Supreme Court of Nova Scotia, various named and unnamed judges of the Supreme Court, the Prothonotary of the Supreme Court, the Court Administrator, the Attorney General, the Director of Public Prosecutions (DPP), the person who answers the phone at the office of the DPP, the Nova Scotia Barrister's Society, the Nova Scotia Veterinary Medical Association, the members of the Complaints Committee of the NSVMA, Nova Veterinary Clinic Ltd., various named veterinarians, and generally all veterinarians in Nova Scotia, and of course, the opposing lawyers,"



In 1994, Cram was convicted of criminal contempt of court by the B.C. Supreme Court for being "intemperate and disrespectful to the presiding judge and to the court in general." He was fined and temporarily prohibited from practising

said Campbell.

"A litigant does not have a right to unrestrained access to the justice system for the purpose of pursuing an agenda that has nothing to do with a legitimate cause of action and everything to do with trying to bring a world of hurt down upon other parties through the aggressive abuse of the process itself."

Cram argued his quest for justice was on behalf of the "unjustifiable suffering" of his dog, but Campbell was skeptical.

"With respect, it is hard to imagine that Cougie much cares who wins which application or motion," the judge wrote. THE CANADIAN PRESS

By-election **Halifax Needham**



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Richard Temporale

Chief Electoral Officer



Man charged with voyeurism over mall bathroom incident



Rebecca Dingwell For Metro | Halifax

A 31-year-old man is facing a voyeurism charge following an incident that took place on Monday.

At around 4:25 p.m. that day, police received a report that a man had taken a photo of an 11-year-old boy who was in the stall next to him in a men's washroom at Mic Mac Mall.

The boy then left the washroom and told his mother, who reported it to mall security.

Security officers went into the washroom and detained

It is unsettling, which is why we wanted people to be aware that this did happen.

Const. Dianne Woodworth

the man until police arrived around 4 p.m. Patrol officers arrested the man and seized his cell phone.

Halifax Regional Police issued a release about the charge on Thursday.

As a result of the investigation, police say investigators

executed a search warrant of a Middle Sackville residence Tuesday afternoon and seized a computer and other electronic storage devices.

The man, Ian Gerald Keddy of Middle Sackville, was charged with voyeurism. He was released from custody Tuesday afternoon and is scheduled to appear in Dartmouth Provincial Court on Jan. 3, 2017.

Halifax Regional Police Const. Dianne Woodworth would not confirm the residence police searched belongs to Keddy.

The investigation is continuing under the General Investigation Section and the Internet Child Exploitation Unit.

FATALITY

Woman killed after collision between car and sport utility

A 72-year-old woman is dead after a two-vehicle crash on Wednesday afternoon.

The RCMP say the accident happened on Highway 210 in the community of Chelsea in Lunenburg County around

2:30 p.m.

Police say a 65-year-old man driving a sedan collided with an SUV driven by the victim.

The woman was taken to South Shore Regional Hospital where she died.

The man suffered minor injuries.

The highway was closed for several hours as police investigated.

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'We went as hard as we could'

RIO2016)

Ryan Cochrane gained no medal, many memories

Ryan Cochrane didn't make the podium during the 2016 Summer Olympic Games in Rio de Janeiro, but that doesn't mean he didn't beat the odds.

A last-minute addition to the Canadian roster, Cochrane and his canoe/kayak sprint partner Hugues Fournel placed eighth during the K2

200-metre race on Thursday. Cochrane, who grew up in the Windsor area, said he was proud of his accomplishments during the games.

"I'm pretty happy with the way things went, given the circumstances," Cochrane said via telephone from Rio following the race. "We were chosen late (and had) three weeks to prepare. I mean, we've been training for years, but only



Windsor's Ryan Cochrane in action during the semifinals of the K2 200m in Rio on Wednesday. THE CANADIAN PRESS

had three weeks to get this together."

Cochrane and his partner their goal.

have kept positive throughout the process, focusing on

"We weren't expected to make the final, but we did, which is quite the accomplish-

HOMETOWN SUPPORT

Ryan Cochrane, who grew up in the Windsor area, got a rousing cheer from his fans at the Pisiquid Canoe Club along the Windsor waterfront as he raced towards the finish line in Rio de Janeiro.

Despite not making it to the podium, onlookers inside the canoe club were ecstatic to see him projected on the

wall as they waved Canadian flags and chanting "go Canada go."

Melissa Hope, a parent with two children enrolled at the Pisiquid Canoe Club, said it was great to see young paddlers cheer on an Olympian who got his start where they are. "He did us proud," Hope said.

ment. We didn't quite finish where we would have loved to, but we took some really good strokes, some of the best I've ever taken," he said.

"We went as hard as we could and I don't think we can be disappointed, we're both really happy with how things turned out. Now we're spectators supporting the rest of our Canadian team."

Cochrane said he's been so thankful for all of the support he's received from across Canada during this year's Olympic Games.

Cochrane's parents are with him in Rio, while his girlfriend and children cheered him on from home in Quebec.

"It was so last minute and so expensive, it was too much to organize in such a short amount of time. She had also made commitments to coach. and she would never back out of a commitment like that,"

"They put up a TV for all of the kids at the daycare so everyone could watch. I'm getting a lot of support from back home." TO MEDIA



Department proposal would clearcut 100 hectares of trees

The Department of Natural Resources has proposed a clearcut right up against the boundary of Kejimkujik National Park.

DNR has posted a proposal to clearcut 100 hectares of forest adjacent to the southeast boundary of the national park. DNR posts all planned cutting on provincial crown land on its online.

The proposed cuts run right

Chris Miller, the national conservation biologist with Canadian Parks and Wilderness Society, worked on the Parks and Protected Spaces Plan with the provincial government. He says this proposal is a surprise.

"It's shocking really that the province would consider clear cutting right up to the national park boundary. It seems out to the park boundary and are of step with the public desire within 500 metres of Loon Lake. to protect our national parks,"

Miller says the ecological impacts of clearcutting won't stop at the park boundaries.

"I'd like to know what research government has done about the impacts this might have on the park, I'd like to know that and I think a lot of people would."

Miller is worried the park and other protected spaces in the province will become islands.

"The biggest concern is that our protected spaces become islands of conservation in a sea of disturbance," he said. "It needs to be avoided." TO MEDIA

Single-vehicle collision causes 9 separate highway accidents

Police are investigating a bizarre series of events that occurred when a single vehicle collision on Highway 102 Thursday led to nine other collisions.

In a media release, East Hants RCMP responded to a singlevehicle crash on Highway 102 between exits nine and 10. A 46-year-old man driving a Ford Freestyle lost control and drove

into the ditch.

The province is clearly moving in

question is, what's next? Chris Miller

the wrong direction and the big

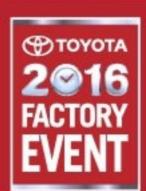
While first responders were on scene assisting the driver, a Ford Fusion driven by an 83-year-old man struck an emergency fire vehicle and also rear-ended a second vehicle.

The driver of the Freestyle was transported to the QEII Hospital in Halifax with unknown injuries. The driver of the emergency

fire vehicle was uninjured but the vehicle sustained damage.

The driver of the Fusion was transported to Colchester Hospital with minor injuries.

Over the next few hours that followed, seven other vehicles collided as a result of the traffic congestion and driver inattention. The RCMP said the collisions remain under investigation. METRO



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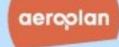
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GUESS

Via Burnside/Highway 118, (Exit 12) off Highway 111



Kerry Lee Sampson was arrested in Windsor after attempting to flee RCMP officers. TO MEDIA

Man wanted on warrant arrested

WINDSOR

A car chase eventually led to foot chase, police say

A wanted Windsor man was arrested after allegedly fleeing from RCMP officers, a chase that ended at a local McDonald's.

Const. Tammy Lobb, media relations officer with the RCMP, said 31-year-old Kerry Lee Sampson is charged with

resisting arrest, escaping from custody and breach of recognizance.

"RCMP officers were conducting a traffic checkpoint in the area of exit 5A on Highway 101, when they recognized a passenger in a vehicle as being a man wanted on a provincial-wide warrant," Lobb said in a phone inter-

"Officers attempted to arrest the man, but he fled from police. The man was arrested a short time later at a business on Cole Drive in Windsor."

COURT

Kerry Lee Sampson appeared in Kentville provincial court on Thursday.

Lobb said Sampson fled from the vehicle and started running from the police on foot.

"He was arrested and held in police custody overnight." she said.

The chase ended at a local McDonald's, TC MEDIA

IN BRIEF

Woman accused of taking nursery school funds

A Nova Scotia woman accused of stealing money from a nursery school will be back in court in September.

Jillian Marie Baltzer, 31, is charged with stealing money, of a value exceeding \$5,000, from the Berwick and District Nursery School.

Baltzer was present in Kentville provincial court Aug. 15. The matter was adjourned to Sept. 13 for election and plea.

It's alleged that Baltzer committed the offence in Berwick between July 1, 2013, and Nov. 30, 2014. The charge has not been proven in court. TO MEDIA

Fisherman nets 4-month jail term

A Nova Scotia fisherman has been sentenced to four months in jail in relation to a series of a fishery related convictions.

Andrew Corkum was among four fishermen originally arrested after the search of a lobster boat in Margaretsville, Annapolis County on Oct. 20, 2014.

Corkum and the other three were all found guilty Oct. 22, 2015 of being in possession of fish caught in contravention of the Fisheries Act, fishing for species without authorization and contravention or failure to comply with any condition of a licence under Aboriginal Fisheries regulations.

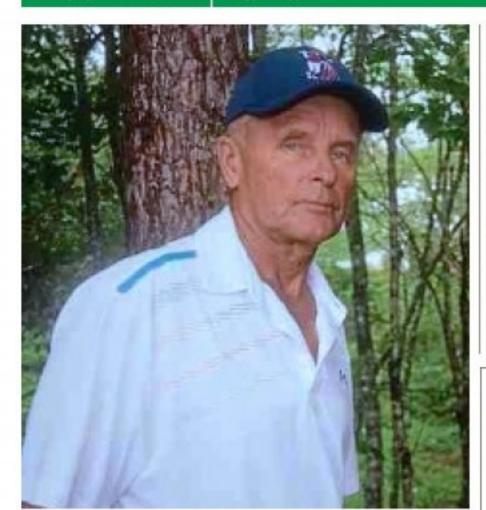
At sentencing on April 1, 2016 Corkum was fined and prohibited from all fishing for

Just two weeks later, Corkum was arrested at Victoria Beach for illegal halibut fishing and was released on judicial recognizance.

He was charged for three more incidents after that.

On Aug. 10 he pleaded guilty and was handed four months in jail.

When he is released from custody he will continue serving his conditional sentences. The fishing prohibition has continued to run while he has been on house arrest and in jail. TO MEDIA



Albert Bridge resident Bruce Edwards. TC MEDIA

This story is a stinker

CAPE BRETON ISLAND

Neighbour hog wild over hobby pig farm

A hobby pig farm has raised the ire of a homeowner with prime water frontage on the Mira River.

Bruce Edwards, a retired teacher, wanted to spend the summer enjoying his wellmanicured property on the idyllic river but hasn't been able to do that because of the smell coming from a hog shed about 20 metres off his property line.

or southerly you can pick up a foul smell," he said Wednesday.

There are three pigs in a small shed that's obscured slightly by a number of pine

According to Edwards the pigs first appeared on the property in the spring.

When Edwards filed a complaint with the province's farm practices board, he said a "sludge pile" consisting of mostly manure was moved and lime was scattered around the shed.

There is no smell emanating from the hobby farm now but Edwards believes a long history of disputes dating back more than two decades with his neighbour, Victor Ravanello, will continue after the board hearing on Aug. 30.

The Department of Agriculture confirmed Wednesday that members of the farm practices board will inspect both Edwards's property and Ravanello's hobby farm on Trout Brook Road prior to the twohour hearing.

Each side can call witnesses and present evidence during the hearing.

Ravanello told media from his home there are two sides to the story but he did not want to comment until the hearing takes place.

Under the Farm Practices "When the wind is westerly Act, the board has the jurisdiction to determine whether the farming practice is normal or not, and it can issue an order to modify or cease the farm practice completely.

An appeal of the board's decision - which must come down within 60 days after a completed investigation - can be made before the Supreme Court of Nova Scotia.

Regulations set out in a document on hog farms in the province indicated a farm with fewer than 100 pigs must be set back a minimum of 50 metres from a neighbouring property.

The Cape Breton Regional Municipality's land-use bylaw considers hobby farms a permitted function. TC MEDIA

I'm really hoping the farm practices board will uphold my complaint and force him to move the pigs. Bruce Edwards

Hantsport barn a total loss but no injuries of people or animals reported

There were no injuries to people or animals but a small barn that caught fire is a total loss.

Hantsport Deputy Fire Chief Paul Maynard said the call came in at 9:12 a.m. Thursday and firefighters were still at the scene on Fielding Road at 11:30

The single-storey barn measuring about 20 by 30 feet was being used to house a horse.

"The owner had just taken her horse out to pasture when she looked back and noticed the smoke coming from the rear of the structure," Maynard said.

The woman called 911 and soon saw flames coming from the back of the barn. Maynard said firefighters from Wolfville, Windsor and Brooklyn responded in mutual aid.

Maynard said firefighters

were using an excavator to tear what remains of the structure apart. It was full of hay that had just been put in last week. The smouldering hay is being pulled out and hosed down.

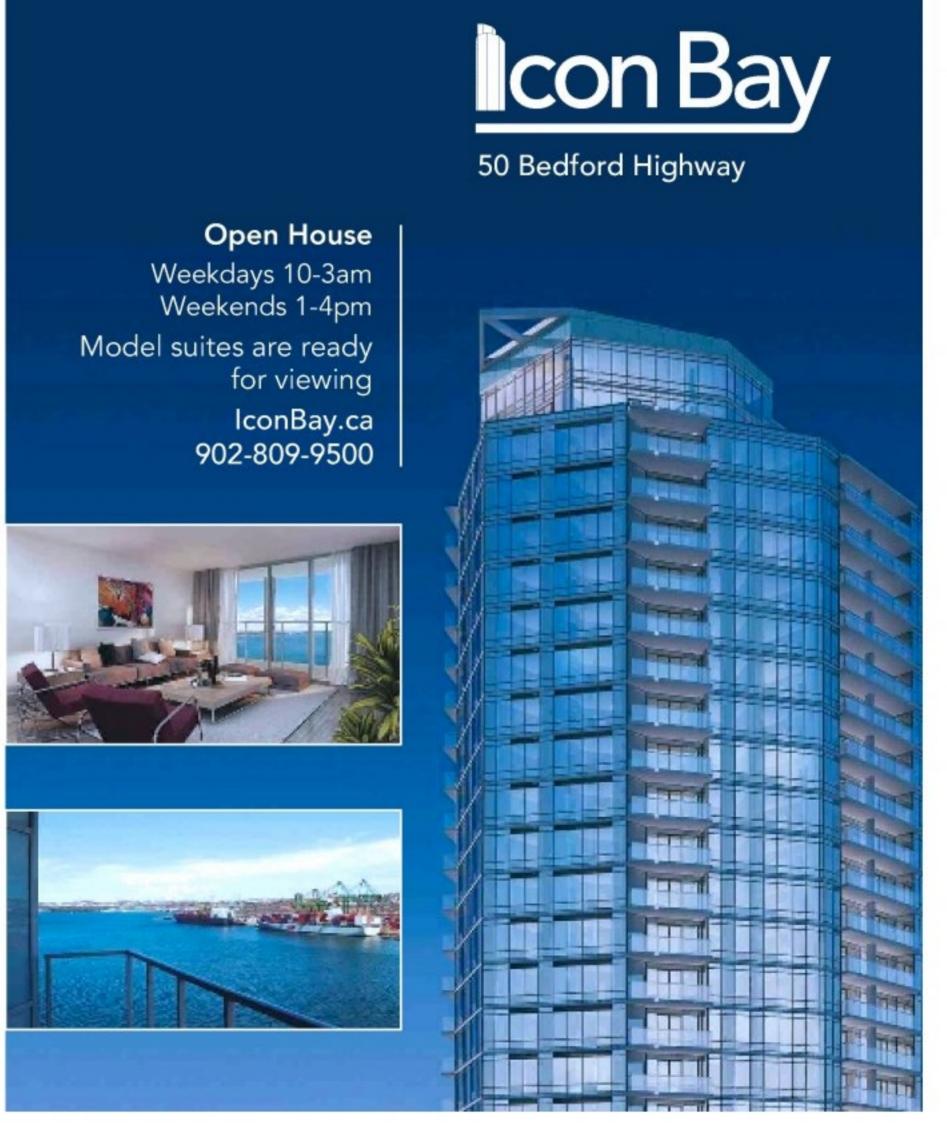
"We're in the mop-up stages," Maynard said.

He said the barn is a total loss but he believes it was insured. The fire is not suspicious in nature and has been ruled

accidental. TO MEDIA



Fire Chief Paul Maynard said it's fortunate that we had some rain over the past few days because the barn was fairly close to the woods.



14 | Weekend, August 19-21, 2016

Donor aims to help more kids

TRANSPLANT

Family starts non-profit for children in Vietnam

Kris Chung knew he had to help when he first read about an unspeakable choice facing an Ontario father who could only save the life of one of his two ailing three-year-old twin daughters.

Chung was in the middle of his first year at Royal Military College in Kingston, Ont., in 2015 when he saw a picture of Phuoc and Binh Wagner's family - also living in Kingston - and noticed their father's military uniform. Michael Wagner is a major in the army with three tours to Afghanistan under his belt.

The twin girls lived with a genetic disorder called Alagille syndrome that affects the liver, heart and other organs. Michael Wagner, a perfect match for both, donated part of his liver to save Phuoc - a choice made by the doctors.

Little Binh waited for another perfect match.



Kris Chung, left, Binh and Phuoc Wagner and mom Johanne Wagner in Kingston, Ont., on Thursday. Kris donated part of his liver in April, 2015 to save Binh. LARS HAGBERG/THE CANADIAN PRESS

Chung, whose father is from Vietnam, felt the pull further the more he read — the Wagners adopted the twins from Vietnam.

"I decided to help because it's the right thing to do and we're in the military so we help each

other out," said Chung, now 21.

Even in the early days of military school, Chung said he felt like he was already part of the rat race, everything done to pursue a lucrative career.

"I feel like four years of a

prime time in my life taken away by school where I don't give back to my community is kind of a burden," Chung said.

"So I put my name in and got a call a week later."

After many successful screen-

ings he was the second on the donor list.

"I was disappointed because I put in a lot of effort and I knew I was one of the healthiest candidates around."

Then the top choice backed out and he got a call from the hospital and was told to be in Toronto in 12 hours. He hopped on a train within hours and was en route to Toronto. He didn't tell his parents about the upcoming surgery, but had to get his brother to sign power of attorney at the last minute in case he died or fell into a coma.

He eventually told his parents, who live in Vancouver.

Chung met with the girls' family after the transplant, but he is only going public with his story now because together with the Wagners they are announcing a non-profit organization, Twins For Hope, to help impoverished children in Vietnam.

"Kris is now part of our family, we love him - I mean what else can you do but love a person who saved your girl's life?" said Johanne Wagner, the twins' mother. "And now we're going to work on helping other kids in need with our foundation." THE CANADIAN PRESS

POLITICS

Groups call on PM after limo costs revealed

Opposition parties and a taxpayer watchdog group want Prime Minister Justin Trudeau to send

a clear message about the way ministers and MPs use the public purse after it was disclosed Health Minister Jane Phil- Jane Philpott thousands



pott spent THE CANADIAN PRESS

of dollars for the services of a Toronto-based limo company.

On Wednesday, the minister's office acknowledged spending \$1,994 for car service on July 12, when the minister spoke at the Assembly of First Nations annual meeting in Niagara Falls, Ont., and another \$3,815 for 20 trips to Toronto's Pearson airport for flights to Ottawa on ministerial

It is important that Trudeau send a strong signal, said Aaron Wudrick, federal director of the Canadian Taxpayers Federation. THE CANADIAN PRESS











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Mounties tight-lipped on foiled terror plot

INFORMATION

Aaron Driver investigation shrouded in secrecy

The RCMP has thrown a cloak of secrecy over many of the details around its Aug. 10 takedown of alleged terrorist Aaron Driver, saying investigations are ongoing.

In the immediate aftermath of the incident senior RCMP commanders provided a few key pieces of the story but put off many questions. They said investigations into a "still unfolding event" had not been completed.

But the Mounties were clear last week they had no information that Driver had any accomplices in what they said was a plan to cause mass casualties in an urban centre with a homemade explosive device.

One week after his death, the

Mounties remain tight-lipped.

Cab driver Terry Duffield, who was injured in the event, is demanding answers to his questions.

Duffield spoke out Thursday to say the police put his life in danger by failing to warn him as he waited in the driveway for the 24-year-old to emerge from his sister's home in Strathroy, Ont.

"Why did the police put my life jeopardy? They did absolutely nothing to help me at any time," Duffield told the London Free Press.

The RCMP did not respond to a request Thursday for comment on Duffield's concerns.

The RCMP also declined repeated requests over the past few days for information about the status of the investigation into what explosive material Driver had amassed, and how and where he obtained the material. The investigation is being led by RCMP forensics and explosives experts, said assistant commissioner Jennifer Strachan last week. TORSTAR NEWS SERVICE



Video footage showing Aaron Driver is seen behind RCMP Deputy Commissioner Mike Cabana, left, and Assistant Commissioner Jennifer Strachan during a press conference in Ottawa on August 11. Justin TANG/THE CANADIAN PRESS

B.C. filmmaker wins Kevin Spacey award



Mary Galloway will never forget the day she received a call from the foundation of one of her filmmaking heroes, House of Cards creator and star Kevin Spacey.

For one, the First Nations actor learned she'd been shortlisted to become the first-ever Canadian filmmaker ever to win the Oscar- and Golden Globe-winning actor's "Artist of Choice" award - and with it professional mentorship and \$10,000 towards her upcoming film about a First Nations nanny in the 1970s.

Mostly, however, she was shocked to discover that Spacey would be hand-picking the winners himself for his emerging artists fellowship, from roughly 2,000 applicants.

"I was just speechless. I still haven't stopped smiling about

Galloway - an acting grad of Vancouver's New Image College of Fine Arts - submitted for his consideration Unintentional

Mother, a short film she wrote in which she'll portray a young First Nations nanny forced to choose between loyalty and escaping abuse from her father.

Originally from Qualicum Beach, Galloway is Coast Salish and her directorial debut will unite two of her professional passions: writing memorable characters she can act on screen and "showing First Nations girls they can do what they want."

"I want to be a strong female First Nation actress who helps show them their voice, to be brave and to take chances." she said. "We have so much to contribute in the world."



Mary Galloway DAVID P. BALL/METRO VANCOUVER

No regrets for mom who saved kids but may not walk again



Jessica Dicks. CONTRIBUTED

An Alberta woman who rushed toward a tent to save her children from a falling tree branch may never walk again but says she would do it again.

Jessica Dicks, 27, from Athabasca, says her family was camping at a provincial

Edmonton on July 3 when the wind picked up and she heard the branch crack.

It was raining and her daughters, age 6, 4 and 10 months were all inside the tent, so she raced to save them.

Then it all went dark. Her park about two hours north of next memory was waking up in a hospital bed.

Dicks suffered a severe spinal injury, several fractures, multiple broken ribs, a crushed sternum, a collapsed lung and a large gash on her neck that needed 20 staples to close.

Doctors have told her that her chances of walking again are slim to none, but she says it would be worse if it was one of her children in a hospital bed.

"That would be unbearable. This is tolerable. I can live with this," said Dicks, who is still in hospital in Edmonton.

Her eldest child calls her mother a hero.

"It's weird to be called a hero, to be called a lifesaver," Dicks said. "I know why I did what I did. It's hard to remember ... but I know why I did. I think any mother would do it and I would do it again if I had to."

THE CANADIAN PRESS



Quebecer ends river trek

The 54-year-old spent 75 days riverboarding down Yukon

On the last leg of his 3,200-kilometre voyage down the Yukon River on a riverboard, Denis Morin was moved to tears.

He had stopped for a day to rest in Mountain Village, Alaska, a reservation of less than 1,000 people. He connected with the people there, he said, and when he left, a group of villagers bid him farewell on the beach.

The Quebec man said traditionally, that's something they do for loved ones who are leaving by boat.

"I saw a group of people coming to the beach, just to see me," he said. "I'll bring that with me for a long time."

Morin, 54, wasn't leaving by boat. By that point, he'd travelled thousands of kilometres over several weeks by riverboard - something like a paddle board with raised edges.

Riverboarding is a whitewater

*See dealer for details.



Denis Morin is shown in a handout photo. COURTESY DENIS MORIN/THE CANADIAN PRESS

sport, Morin said. Riverboarders wear helmets and flippers, and when the river flow isn't strong enough to carry them, they swim. He was on the trek for 75 days - including 10 days of rest - from late May to early August. He'd usually be in the water six hours a day, Morin

said. Although sometimes when it was stormy, he'd cut his day short and set up camp.

Early on in his trip, when he got to Lake Laberge, just north of Whitehorse, it was snowing and hailing, he said.

"In my mind, I thought, 'What kind of adventure am I

getting myself into?" " he said. But he kept going.

The longest he spent in the water was 11 hours, when he reached the Arctic Circle, Morin said. It was summer, so the sun shone for most of the day.

This wasn't Morin's first longhaul trip - he'd riverboarded

I couldn't bring cookies for three months.

Denis Morin

in northern Quebec before. But this trip was different. It was his first trip after retiring from a career in information technology, and he said he figured it would be a good transition to his "new lifestyle".

And his new lifestyle doesn't include much stuff - he sold everything he owned, and all he brought with him on the trip were two inflatable bags that floated behind him in the river. They contained camping materials, like a tent, some clothes, a first aid kit and three months worth of food - mostly dehydrated "astronaut" food.

But he said he would sometimes stop in villages adjacent to the river to pick up "comfort food" like cookies. "I'm kind of a cookie monster," he said. "And I couldn't bring cookies for three months."

THE CANADIAN PRESS

Trudeau to visit China

Justin Trudeau heads to China this month on a visit that's expected to lay the groundwork for his approach to Canada's sometimes-bumpy relationship with the world's second-biggest economy.

The prime minister's weeklong tour, from Aug. 30 to Sept. 6, will stop in Beijing, Shanghai, Hong Kong and Hangzhou for the G20 leaders' summit.

Trudeau has signalled his intention to deepen business ties with China, as his government looks to make inroads into the rapidly expanding Asian markets. The push could one day lead to a free-trade deal.

But Trudeau will also have to carefully balance any pursuit of business ambitions in China with concerns over human rights in the country.

He has already been forced to deal with one high-profile irritant between the two countries. In June, he expressed his "dissatisfaction" with China after its foreign minister publicly berated a Canadian journalist. THE CANADIAN PRESS

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Cholera victims need more, **UN admits**

The United Nations says it needs to do "much more" to address its own involvement in the introduction of cholera to Haiti and the suffering of those affected, estimated at more than 770,000 people.

Researchers say there is ample evidence that cholera was introduced to Haiti's biggest river in October 2010 by inadequately treated sewage from a UN peacekeeping base. The United Nations has never accepted responsibility, and has answered lawsuits on behalf of victims in U.S. courts by claiming diplomatic immunity.

UN deputy spokesman Farhan Haq's statement referring to the UN's "own involvement," which was sent to The Associated Press on Thursday, came a step closer to an admission of at least some responsibility and was welcomed by lawyers for the victims.

"This is a major victory for the thousands of Haitians who have been marching for justice, writing to the UN and bringing the UN to court," said Mario Joseph, a Haitian human rights attorney whose law firm is leading a highprofile claim on behalf of 5,000 cholera victims who blame the UN for introducing the disease.

"It is high time for the UN to make this right and prove to the world that "human rights for all" means for Haitians too," he said.

Haq said in the statement that the United Nations has been considering a series of options, and "a significantly new set of UN actions" will be presented publicly within the next two months. It was first reported by the New York Times.

Five UN human rights experts criticized the United Nations in a letter to top UN officials late last year for its "effective denial of the fundamental right of the victims of cholera to justice." THE ASSOCIATED PRESS



Shield your eyes It's Donald Trump like he's never been seen before.

Life-size naked statues of the Republican presidential nominee greeted passers-by in New York, San Francisco,

Los Angeles, Seattle and Cleveland on Thursday. They are the brainchild of an activist collective called

INDECLINE.

The collective said the hope is that Trump "is never installed in the most powerful political and military position in the world." THE ASSOCIATED PRESS



A child sits in an ambulance after being pulled out of a building hit by an air strike on Wednesday in Aleppo, Syria. ALEPPO MEDIA CENTER VIA THE ASSOCIATED PRESS

Omran's image shocks world

AIR STRIKES

Boy brings to mind drowned Syrian refugee Alan Kurdi

The Russian military said Thursday it was ready to back a United Nations call for weekly ceasefires for Syria's contested city of Aleppo, as haunting footage of a young boy's rescue from the aftermath of an air strike shook global media.

The image of the stunned and weary-looking boy, sitting in an ambulance caked with dust and with blood on his face, captured the horror that has beset the

war-torn northern city as photographs of the child were widely shared on social media.

An hour after his rescue, the badly damaged building the boy was in completely collapsed.

A doctor in Aleppo identified the child as 5-year-old Omran Daqneesh. He was brought to the hospital, known as "M10," on Wednesday night, following an air strike by Russian or government warplanes on the rebelheld neighbourhood of Qaterji, said Dr. Osama Abu al-Ezz. The boy suffered head wounds but no brain injury, and was later discharged.

Rescue workers and journalists arrived shortly after the strike and described pulling victims from the rubble.

"We were passing them from one balcony to the other," said photojournalist Mahmoud Raslan, who took the dramatic photo. He said he had passed along three lifeless bodies when someone handed him the wounded boy. Raslan gave the child to a rescue worker, who rushed him to the ambulance.

Eight people died in the strike, including five children, according to a doctor who gave only his first name, Abo Mohammadian. Many doctors working in Aleppo's opposition areas do not give their full names for fear of reprisals against their relatives in government areas.

A nurse who treated Omran said "he was in a daze."

unconscious, but traumatized lost," said Mahmoud Abu Rajab.

Medical workers feared internal injuries, but an X-ray and an ultrasound revealed his wounds were superficial. Abu Rajab stitched up the child and

Center, a man was seen carrying Omran away from the chaotic nighttime scene and into an ambulance. Looking dazed, the boy ran his hands over his bloodcovered face, then wiped them on the orange ambulance chair.



It was as if he was asleep. Not unconscious, but traumatized -IOSt. Mahmoud Abu Rajab

wrapped his forehead and left eve in a bandage.

Omran's three siblings, ages 1, 6, and 11, and his mother and father were also rescued from the building. None sustained major injuries.

In the video posted late Wed-"It was as if he was asleep. Not nesday by the Aleppo Media

The powerful imagery reverberated across social media, drawing to mind the anguished global response to the photos of Alan Kurdi, the drowned Syrian boy whose body was found on a beach in Turkey and came to represent the horrific toll of Syria's civil war. THE ASSOCIATED PRESS



A wildfire east of Los Angeles spread fast Wednesday, threatening more than 82,000 people and prompting the governor of California to declare a state of emergency. AFP/GETTY IMAGES

NATURAL DISASTER

Firefighters try to protect homes

Air tankers bombarded rugged slopes with fire retardant Thursday and a squadron of helicopters dropped load after load of water to corral a destructive wildfire threatening mountain homes 60 miles east of Los Angeles.

On the ground, firefighters and bulldozers worked to protect the ski town of Wrightwood and other areas high in the San Gabriel Mountains.

Authorities estimated that only half the 4,500 residents of Wrightwood heeded evacuation orders.

The fire has blackened more than 49 square miles and was just 4 per cent contained, with more than 34,000 homes and some 82,000 residents still under evacuation warnings three days after it erupted in hot, gusty conditions and spread with extraordinary speed.

After five years of drought, California's wildlands have seen a continuous streak of destructive and sometimes deadly fires this year.

The dry vegetation is like firewood, said fire information officer Sean Collins.

"It burns that much quicker, that much hotter. The rate of travel is extremely fast," he said.

Fire officials indicated there were significant property losses but had yet to release a tally, leaving those who fled waiting to find out whether their homes were standing. THE ASSOCIATED PRESS



The Canadian National Exhibition is hoping to resurrect a bit of history this year by running the Innovation Garage, which will showcase some of the latest inventions, TORSTAR NEWS SERVICE

Going back to its roots

TORONTO

Annual fair to once again showcase innovations

For decades, the end-of-summer ritual of visiting the Canadian National Exhibition was also the only chance for fairgoers to catch a glimpse of the newest gadget or product due to hit the market.

In 1888, Canadians got their first look at the telephone as well as Edison's phonograph. In 1929, G.H. Wood showed off liquid soap. In 1939, RCA Victor unveiled the television. In 1958, a forerunner to the microwave was on display.

"I remember my father looking at cars covertly because my mother didn't want one," said CNE president Brian Ashton. "I think our family's first colour television set came from the CNE. It was a place where

IN BRIEF

Celebrity gossip website Gawker.com closing

Gawker.com is shutting down next week after 14 years of operation, the celebrity gossip website announced Thursday. This follows a successful Univision \$135 million US bid to buy six other websites owned by its parent company, Gawker Media. Staffers were told of the demise by Nick Denton, the outgoing CEO, Thursday afternoon. TORSTAR NEWS SERVICE

products were showcased."

But in recent years, Ashton said the idea of going to the CNE to see the latest and greatest has waned. That's why the Ex is hoping to resurrect a bit of that history this year by running the Innovation Garage. The garage, which runs from Friday to Sunday, will feature some products for sale, while others are only in the development age.

Richard Lachman, a professor in the Faculty of Communication and Design at Ryerson University, a partner in the Innovation Garage, says the exhibits are a chance for public to connect with innovators.

"Innovation is about making it and getting out in front of people," he said, instead of working on something for five years and spending all your money to discover it doesn't work or won't sell.

"You don't design for other people. You design with them," said Lachman.

TORSTAR NEWS SERVICE

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Watchdog probing fintech weaknesses

The director of Canada's antimoney laundering watchdog says the agency is studying how vulnerable certain emerging technologies, such as those being pioneered by so-called fintech startups, are to financial crime.

Gerald Cossette says it's important for the federal government to encourage innovation by emerging financial technology companies.

But, he adds, Ottawa must balance that with the need to protect the integrity and stability of the financial system.

Cossette says many fintech startups — for example those that deal with currency exchange or sending cash - may not realize that they are required to register with Fintrac. the anti money-laundering agency, as money services

businesses.

We are assessing the vulnerabili-

ties of these new technologies to

criminal exploitation. Gerald Cossette

The definition of a money services business was expanded in 2014 to include companies that deal with virtual currencies, and the Finance Department is working on regulations to specify which virtual currency activities will be covered. While some innovations are

actually new takes on existing technologies and business models, others have been "more revolutionary in nature," says

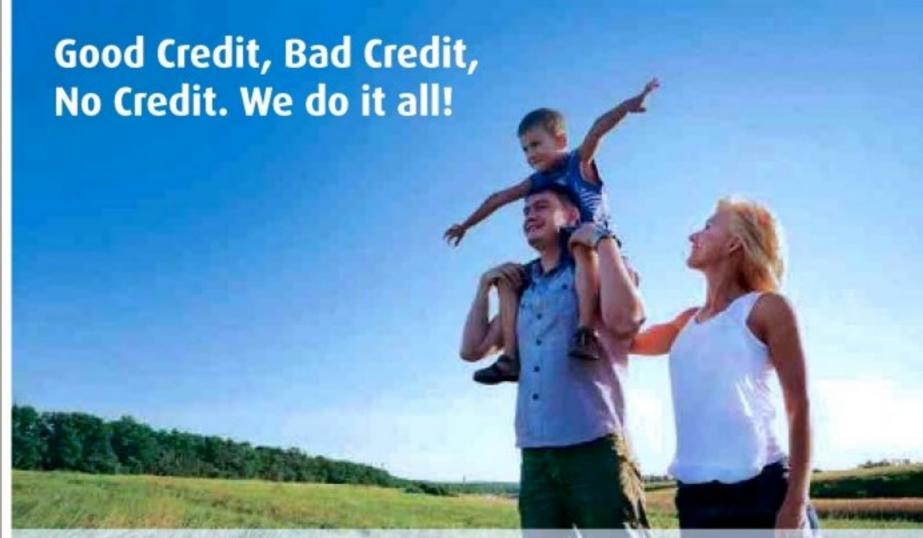
"We are assessing the vulnerabilities of these new technologies to criminal exploitation, such as how they can be used in trade-based money laundering, for which mechanism and detection techniques are not as well understood as they should be," he says.

THE CANADIAN PRESS



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Your essential daily news

Too many video games? A new study suggests millennials 20-34 have a weaker hand grip than older generations.

DECODED by Genna Buck and Andrés Plana

UNDER THE SURFACE OF POOL SAFETY

Nothing is better than a summer swim — but if there's no lake or ocean near you, there's a good chance you'll be splishing and splashing in chlorine. The somewhat stinky chemical is necessary to kill harmful bacteria. There's also a good reason for the rule about taking a shower before swimming, even though it's tempting to skip that step and dive right in. **Here's why.**



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FINDINGS



MOUSE MICROBES

Scientists think they've nabbed the smallest culprit in the reproducibility crisis — the ongoing failure of the scientific community to replicate its research results. Differences in bacteria living in the guts of lab mice seem to account for some differences in results of otherwise identical studies.

SOUND SMART



DEFINITION

Stoichiometry is the precise calculation of reactants and products in a chemical reaction. Using stoichiometry, scientists balance chemical equations so they're equal on both sides. That's because matter cannot be created or destroyed.

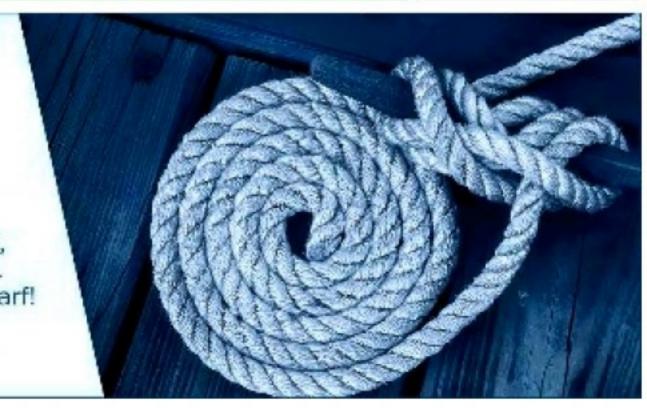
USE IT IN A SENTENCE

Deborah's **stoichiometry** was off. She put too much baking soda in her volcano and her "lava" ended up all over the floor.



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Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL

Ben-Hur's chariots of ire

ANALYSIS

Filming that famous scene throughout movie history

Richard Crouse For Metro Canada

Ben-Hur director Timur Bekmambetov compares the legend of a Jewish prince falsely accused of treason by his adopted Roman brother to Romeo and Juliet, Hamlet "and any story written by Chekhov."

Ripe with betrayal, revenge and redemption but shaded with love and compassion, Bekmambetov says the story of Ben-Hur is "timeless."

"The conflicts the characters experience are as relatable today as they were in Roman times or 1880, when Lew Wallace wrote the novel. It's human nature and that doesn't change," says producer Sean Daniel.

The human story is the engine that propels the Ben-Hur narrative, but throughout film history it's the tale's chariot race that entertains the eye. In version after version the showdown between the hero and his duplicitous brother is the centerpiece of the action.

This weekend Bekmambetov's big-budget version of the story stars Jack Huston as Judah Ben-Hur and yes, there is a chariot race. "It was very, very dangerous work," the director says of the scene that took 45 days to shoot

and featured 90 trained horses. Each chariot was attached to four horses and could reach speeds of 65 to 70 km/h. "There's no suspension," says Bekmambetov. "It's shaky, it's vibrating. The horses are snorting around you, behind you. It's absolutely unprotected. You feel like you're in the hands of fate."

No animals were harmed during the shooting of Bekmambetov's chariot race and, remarkably, the only human injury was a broken arm. Historically, however, shooting the chariot scenes has been fraught with problems.

Toronto-born director Sidney Olcott's 1907 silent version focused on the race. Shot on a beach in New Jersey with local firemen as the charioteers and firehouse horses pulling the chariots, the scene was lifted directly from the novel, which triggered the first major copyright infringement case in movie history. It wasn't standard practice to ask the author's permission before adapting their work, but after Ben-Hur the Supreme Court decreed film companies must obtain rights to previously published work.

According to an MGM memo 1925's Ben-Hur A Tale of the Christ's chariot sequence took 42 cameras and two months

to shoot at a cost of \$500,000. The result was 60,960 metres of film which was whittled down to 228.6 metres. The completed sequence was named the Most Edited Scene of all Time by The Guinness Book of World Records and was copied, almost shot-forshot in the animated film The Prince of Egypt and in the pod race scene from Star Wars: Episode I - The Phantom Menace.

The spectacular scene featured thousands of extras, including William Wyler, who would go on to direct the most famous version of the story, the 1959 movie starring Charlton

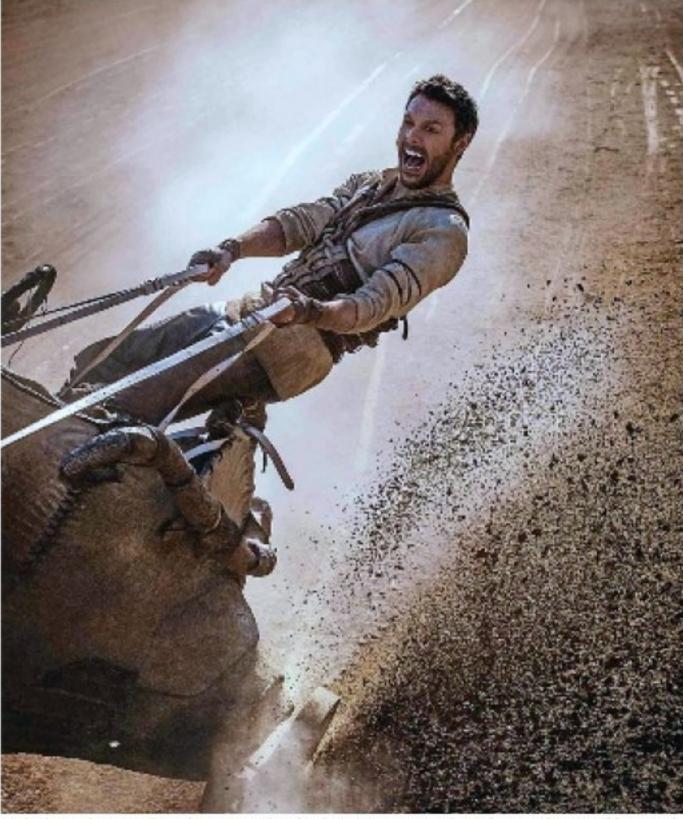
Legend has it that a stuntman was killed during the shooting of the Wyler's legendary sequence but according to Snopes.com the rumour is false. In fact it was 1925 shoot that claimed the life of a stuntman who was killed when his chariot wheel broke and he was thrown in the air.

On Wyler's set a stuntman was injured when his chariot overturned and two other horse drawn carts crashed into a bank of cameras but no one was hurt. Later, when Heston, who did most of his own driving in the scene, was asked if he liked shooting the scene he said, "I didn't enjoy any of it. It was hard work."

MOVIE RATINGS by Richard Crouse

War Dogs Hell or High Water *** Kubo and the Two Strings *** Ben-Hur *

HOW RATING WORKS SEE IT *** WORTHWHILE UP TO YOU SKIP IT



In the latest incarnation of Ben-Hur, the chariot race scene took 45 days to shoot and featured 90 trained horses. Jack Huston plays Judah Ben-Hur. CONTRIBUTED

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Jonah Hill as arms dealer Efraim Diveroli in War Dogs. "I try to approach it from a therapeutic point of view," he says of playing real-life people. "Get into the psychology of why people behave the way they do." CONTRIBUTED

How to channel an arms dealer

Jonah Hill had homework to do to play **Efraim Diveroli**

Richard Crouse For Metro Canada

By definition the term 'war dogs' refers to "bottom feeders who make money off war without ever stepping foot on the battlefield."

In the new film War Dogs Jonah Hill plays Efraim Diveroli, a true to life 20-something arms dealer who fits that description to a tee.

"You try to understand why someone would end up like that," Hill says when I ask how he got inside the head of the fast-talking character. "It might be a combination of wiring, lack of empathy, ego and insecurity and obsessiveness. I don't know. I try to approach it from a therapeutic point of view. Get into the psychology of why people behave the way they do. Probably most actors do that."

He wasn't able to meet the real-life Diveroli but he was able to piece together the character without a face-to-face.

"I would always prefer to meet the person but if someone was playing me in a movie I would give them the best version of myself. A lot of times when you meet the person you end up having to be a really good editor, choosing what to include, but always I found meeting the people around them ends up being more helpful to me because they are giving you a wartsand-all portrayal of the person at that time.'

Hill found that version of Diveroli from many sources.

"I had a lot of help," he says. "I got to meet David, who Miles (Teller) plays, and a few people who knew Efraim at that time. The biggest key was that they are from Miami and Miami culture is very specific. There is a very big sense of the American

A lot of times Wall Street bros will come up to me as if the movie is their **Goodfellas or Scarface** Jonah Hill, on how people misinterpret his morally

ambiguous characters

dream there, in a positive and negative way. There's a big immigrant culture. People from Cuba and Haiti end up in America for the first time through Miami. Efraim is a corruption of that (American) dream."

In the film Efraim is a selfdescribed "Ugly American," a borderline sociopath for whom belligerence is a default setting.

The unhinged nature of the character and Hill's venal glee in playing up the worst in human nature keeps War Dogs interesting but some audience members see it differently.

Recently a crew of South African arms dealers approached Hill in a restaurant after seeing a trailer for War Dogs.

They were impressed and wanted to high five the actor. He says the same thing happened after he made Wolf of Wall Street, another film

where he played a morally ambiguous character who struck a chord with the very people it was satirizing.

"A lot of times Wall Street bros will come up to me as if the movie is their Goodfellas or Scarface. People see what they want to see. It is a little scary sometimes when people misinterpret."

He describes the run in with the arms dealers as "uncomfortable."

"You don't want to make it an overly uncomfortable environment while that is happening," he says, "but you also don't want to lie and be dishonest that you are agreeing with them. You don't want to make them feel bad about their misinterpretation. It's an unusual an awkward situation to be sure. In the end, we all want to be seen as heroes in our own story. I guess."





West to return as Batman in new animated film

Adam West and Burt Ward are reprising their respective roles as Batman and Robin, but they won't have to don

tights this time around. The actors are voicing the characters in the animated film Batman: Return of the Caped Crusaders out this fall. Julie Newmar will also return as

Catwoman.

The movie's colorful style will recall the campy esthetic of the 1960s live-action Batman TV series starring West and Ward. THE ASSOCIATED PRESS

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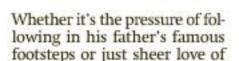


Travis Knight's Japanese-inspired tale follows a young boy on a quest to defeat evil spirits with a magic suit of armor. CONTRIBUTED

An impressionistic painting of Japan

Kubo and the Two Strings is stop-motion magic in film

Steve Gow For Metro Canada,



the art, Travis Knight is changing the world of animated movies with an outsider's point of view.

After all, the founder of Laika studios isn't just situated far from Hollywood in the suburban sprawl of Portland, Oregon, but with his new film Kubo and the Two Strings, the son of Nike boss Phil Knight is redefining the summer blockbuster by tapping an ancient art form most movie studios eschew — stop-motion animation.

"The thing that's unique in stop-motion is that it's handcrafted, that what you're seeing on-screen is the sum total of the will (and) skill of hundreds of artists," said Knight, who's clearly confident his handcrafted creation will flourish against Hollywood's biggest computereffects features.

"In a world that's glossy and perfect and digital, something that has this beautiful imperfection on-screen — there's something that's special about it."

With Kubo mounting critical acclaim, Knight's Japanese-inspired story of a young boy on a quest to defeat evil spirits with a magical suit of armor not only entertains, but it's also deeper (and perhaps spookier) than most kid-friendly blockbusters.

"The goal is not to traumatize children although we've been accused of soaking a few bunk-bed mattresses in our day," laughed Knight.

"Hopefully what we explore are some meaningful issues things like loss and grief, and hopefully we take a little bit of the sting out of it because while the world we're creating has a nodding acquaintance to reality, its not reality - it's a stylized world."

Kubo marks the first feature the veteran animator has directed in Laika's oeuvre (which includes ParaNorman and Coraline).

While Knight insists he was always waiting to mature into the role of helmsman, Kubo's story also spoke specifically to him - having been influenced early on by a childhood trip to Japan.

"From the moment I set foot in Japan it was like I'd been transported to another world," admitted Knight who returned with a lifelong appreciation for Japanese art that he aimed to showcase in Kubo.

"It's almost an impressionist painting of Japan but like an impressionistic painting, which is not meant to capture reality, its meant to capture feeling and experience - I hope that's what we captured in this film."



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CONCERT DETAILS

The insider's Hip guide to Kingston

FINAL STOP

Proud Kingston girl shares tips for tourists



Kristen Lipscombe Metro Halifax

Every good Canadian knows the members of The Tragically Hip are from Kingston, Ont., but what does the average Canadian know about Canada's first capital city?

Yeah, you read that right. Kingston is the first capital of a United Canada and home of our first Prime Minister, Sir John A. Macdonald. Want to know more about the home of The Hip, just in time for the beloved band's Kingston concert Saturday night, which caps off an emotional Man Machine Poem tour? Here's a quick insider's look at Kingston, from a proud Kingston girl now living in Halifax, but always homesick for "K-town."

History

Kingston may be a small, sometimes even overlooked locale, nestled somewhere in southeastern Ontario among the bright lights of bigger cities such as Montreal and Toronto, but when it comes to Canadian tourism, it's actually a pretty big hotspot.

For history buffs, places to see

include Bellevue House National Historic Site, which is where Sir John A. Macdonald lived while serving as Prime Minister and the Cataraqui Cemetery National Historic Site of Canada, which is where the first PM now rests.

Those interested in Kingston's strong military past can stop by Murney Tower National Historic Site of Canada as well as the famous Fort Henry National Historic Site of Canada, which was built during the War of 1812.

More recently, the infamous Kingston Penitentiary, which was built in 1833 and closed down in 2013, has opened its doors for members of the public brave enough to enter. As Canada's oldest maximum-security prison, it housed some of the country's most dangerous and notorious criminals.

Where to eat

After shaking off those penitentiary cobwebs, check out the Kingston 1,000 Island Cruises, an onboard dining experience that takes you through the beautiful 1,000 Islands (and yes, that's how the salad dressing got its name).

Or if you're more the dry land type, head to gorgeous downtown Kingston, where Ontario Street runs along the waterfront and Princess Street offers plenty of shopping and restaurant options. Chez Piggy is one of the better known fine-dining restaurants, Pan Chancho and the Wolfe Island Bakery are fantastic for casual lunches, and

Woodenheads has the best gourmet pizza.

Pubs such as The Toucan and the Tir Nan Og Irish Pub are great places for live music or to kick off a night on the town, while craft beer lovers should check out Stone City Ales.

Bonus stop

The Hip are well-known for incorporating spaces and places across Canada into their lyrics.

If you're looking for a lesserknown Kingston location that happens to be mentioned in a Hip song, check out Skeleton Park, officially known as Mc-Burney Park. It was established as a burial ground in 1819, but is now a public park, its playground and various daily activities eerily taking place atop unmarked graves. Rumours about neighbours finding bones and ghosts haunting the area have long been a part of local Kingston folklore.

"In Skeleton Park / One fine summer evening / The sun teased the dark / Like the last strawberry," Downie sings on a bonus track on the We Are the Same album, released in April 2009.

"I could hear them on the breeze / Hear them moving through the trees / The ghosts of the Rideau Canal start to sing / And patting grass you said / 'Come sit next to me, by my sweetheart' / Over in Skeleton Park."

ONLINE

Be sure to look out for Kristen Lipscombe's dispatches from the last Hip show at metronews.ca

The final show of The Tragically Hip's 15-date Man Machine Poem tour takes place Aug. 20 at Rogers K-Rock Centre in Kingston, home of the Ontario Hockey League's Kingston Frontenacs, which can only welcome about 6,000 lucky Hip fans.

Kingstonians who won't make it into the arena can gather in Springer Market Square and surrounding streets, in the heart of the city's downtown core, for a free public screening of CBC Television's live stream of the concert. Saturday has been named The Tragically Hip Day in Kingston.

Other Canadians can attend viewing parties in their own hometowns, including two in Halfax both Cineplex Cinemas Park Lane and Grand Parade are screening the concert or watch the concert live in its entirety starting from the comfort of home at 8:30 p.m. ET, as a "late breaking story" on the CBC.



KRISTEN LIPSCOMBE/FOR METRO

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PRINCE EDWARD ISLAND

Tiny province abundant with charm, beaches and adventure

Morgan Dunlop For Metro Canada

Unsure what to expect for my first trip to Prince Edward Island, I figured there would be plenty of Anne of Green Gables references, friendly Islanders and endless potato fields. I discovered an impressive amount of decadence alongside a quietly beautiful and calming landscape.

Perhaps juxtaposition is the birthright of a tiny island surrounded by water. After all, it's both Canada's smallest province and believed by many to be the birthplace of Confederation.

Here are the must-sees for any summer visit to P.E.I.

Beach

As we first set out to find the Island's best beaches, we found ourselves driving along the coast with an endless supply.

Of PEI's 1,100 km shoreline, more than 70 per cent is beach. Unsure where to stop, we decided to follow a Bald Eagle until it flew out of sight. It brought us to Dalvay Bay Beach, with dunes as far as the eye can see, warm sand under foot and the crashing waves of the Gulf of St. Lawrence beckoning for a

While many of the province's beaches are white, others are red. For one of the most stunning, follow red dusty dirt roads to Thunder Cove Beach. This beach is home to the iconic sea stack Tea Cup Rock and hundreds of metres of red



More than 70 per cent of the shorline in Prince Edward Island is beaches. PRINCE EDWARD ISLAND TOURISM

sandstone cliffs to explore.

Eat

For fish and chips, Richard's serves fresh fish covered in light flakey batter, chips cut out of local potatoes and homemade dill and sundried tomato tartar sauce. Don't arrive starving. At its peak, the wait is up to an hour. But it's right on the wharf at Covehead so there's lots of fishermen and swimmers to watch.

For lobster rolls, the Lobster Barn Pub and Eatery in Victoriaby-the-Sea delivers a heap of juicy, fresh lobster on a warmed bun with a hint of homemade mayonnaise spread.

For a fiery feast, celebrity chef

Michael Smith's Inn at Bay Fortune uses local ingredients, including lobster-fed pigs sleeping out back, cooked completely over fire.

As you wander around the farm and herb garden, sampling as you go, chefs use locally sourced ingredients cooked in cast iron skillets over open fires, in smokehouse and in a wood oven.

The bulk of the meal is served among strangers who quickly become friends as you share the awe-inspiring feast.

Relax

For one of the most calming activities on the island, drive an electric golf cart, take a few

swings and immerse yourself in the scenic views (more than 25 golf courses interweave with the natural environment).

Experience islander charm as Saga Sailing Adventures Captain Kurt welcomes you on his 36-foot sailboat as if you're an old friend. Take the helm and explore the Charlottetown Harbour and the Northhumberland Straight.

Stay

Do yourself a favour and book a room less than ten metres from the dining room after enjoying chef Michael Smith's Feast at The Inn At Bay Fortune. The simple, elegant guest rooms feature in-room fireplaces.

Staff will even set you up with

fresh marshmallows, roasting sticks and firewood for a private roasting party on the beach.

Fall asleep to the sounds of waves crashing at Dalvay By The Sea, surrounded by pine paneling, maple floors and walls made of the island's red sandstone. Fun fact: Kate Middleton and Prince William visited the property during the royal honeymoon tour.

For a top-rated B&B, enjoy carefully curated antiques, modern comforts and a warm reception from hosts Carol and Jay Macdonald at the Elmwood Heritage Inn in Charlottetown.

Morgan Dunlop's trip was partially supported by Tourism PEI





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TRAVEL NOTES DE NIRO, SUPER MARIO BROS. & GAMBLERS

Robert De Niro gets green light for London boutique hotel

Robert De Niro has won planning permission for a luxury hotel in London's Covent Garden area. Westminster Council approved plans Tuesday for the 83-room Wellington Hotel, backed by the actor and BD Hotels. The team already owns Manhattan's Greenwich Hotel. The plans include a spa, restaurant, private members' club and retail space.

THE ASSOCIATED PRESS

New York farm creates eight-acre Super Mario Bros. corn maze

The images of Mario, Luigi and friends have been carved into the fields of an upstate New York farm as part of a corn maze based on Nintendo's Super Mario Bros. game series. ABC News reports it's the latest installment of an annual themed maze at the Stoughton Farm in Newark Valley. An aerial photo of the 8-acre maze clearly shows Mario, Luigi, Princess Peach, Toad and Yoshi carved into the cornfield, THE ASSOCIATED PRESS

Casino mogul Wynn to launch lavish new \$4.2B Macau resort

From a pair of golden dragons encircling a man-made lagoon to phoenix and cloud motifs inside, Steve Wynn's Macau resort brims with auspicious Chinese symbolism. The U.S. casino mogul will need luck on his side as he launches his \$4.2 billion Wynn Palace project. Macau is the world's biggest casino market. But China's economy and President Xi Jinping's crackdown on corruption are slowing the lavish spending. THE ASSOCIATED PRESS



Robert De Niro. GETTY IMAGES



Mario has been carved into a corn field. HANDOUT



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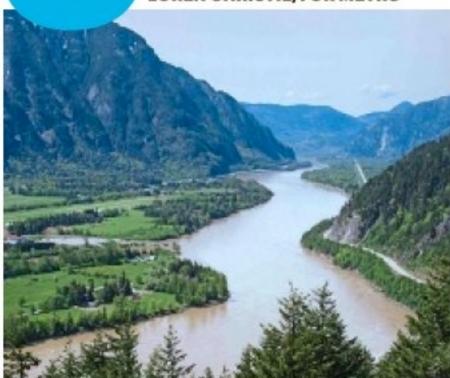
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Working as a travel journalist for the last 15 years I have been fortunate enough to travel the globe; some of the hidden gems I discovered were right under my nose.

LOREN CHRISTIE/FOR METRO



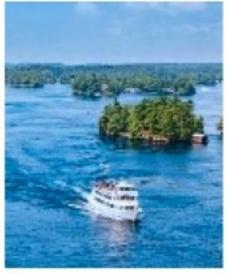
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Dominated by mountain scenery and the powerful Fraser River, British Columbia's scenic Cariboo Region embraces its heritage of cowboys and gold mining. The Echo Valley Ranch & Spa, near the town of Clinton, is uniquely positioned amidst the mountains, grasslands, canyons and forests of the interior, making it the perfect spot to explore your inner cowboy. Horseback riding, gold panning, bear viewing and campfires are just some the activities offered by the hospitable owners.



Canadian Badlands, Alta.

Alberta's Rocky Mountain Parks are beautiful but the area south east of Calgary, known as the Canadian Badlands. has dinosaur bones! Dinosaur Provincial Park offers un-earthly scenery and the chance to be part of a real archeological dig. Would-be paleontologists are given a toolkit that includes a paintbrush, hammer and dental pick ... for the more delicate work.



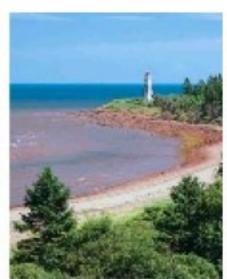
Thousand Islands, Ont.

Nestled along the St. Lawrence Seaway between Toronto and Montreal, the Thousand Islands is cottage country at its most charming. Famous for the presence of shipwrecks dating back to the War of 1812, the area is actually comprised of 1,865 islands. Highlights including Boldt Castle, Millionaire's Row and Zavikon Island are best seen by boat. Public cruises are also offered.



Charlevoix Region, Que.

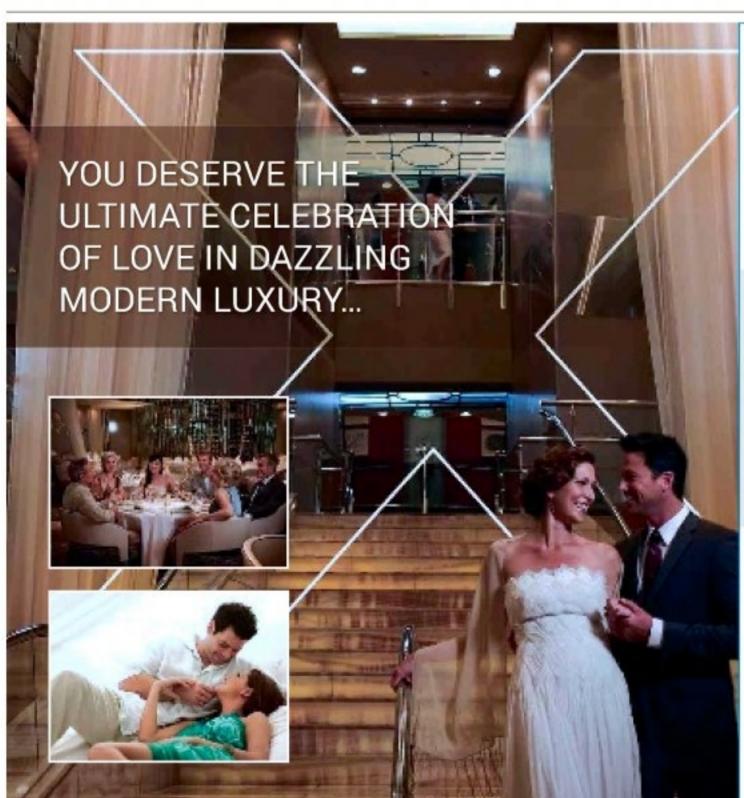
The Charlevoix Region north of Quebec City has a long-established reputation for agro tourism and fine dining. Explore Isle-aux-Coudres by bike or take a stunning rail trip to Baie Saint Paul. At most farms in the area, products can be sampled and purchased on site. The chefs in the region's various hotels and restaurants do their part by including local products in all of their menus.



NovaScotia's northern coast

Nova Scotia's Highway 7 hugs the province's northern coast stretching from the New Brunswick border through to Cape Breton. The area is dotted with picture perfect fishing villages, stunning vistas and a number of attractions. Locals proudly boast that these are, "the warmest waters north of the Carolinas."

All images Getty



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Wiebe locks up gold

RIO2016

Canadian wrestler shuts out opponents in final 2 bouts

They better have been singing O Canada loudly in Stittsville, Ont., on Thursday night.

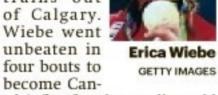
Erica Wiebe, the pride of the suburban Ottawa town and Canada's newest Olympic wrestling gold medallist, belted out

the national anthem through welling tears and swelling pride and thought back to a visit she made to her hometown and a feeling of deja vu.

"I visited my elementary school in June and I made all the kids sing O Canada with me and I got these tingles in my body in that moment," Wiebe said minutes after easily handling Kazakhstan's Guzel Manyurova 6-0 in the 75-kilogram gold-medal bout 1.

"I was really hoping they would hear me today because they sang way better than I did."

back then but none wrestled better than the 27-yearold who now trains out of Calgary. Wiebe went unbeaten in four bouts to



ada's first female wrestling gold medallist since Carol Hunyh in Beijing eight years ago.

GETTY IMAGES

Wiebe defeated Vasilisa Marzaliuk of Belarus 3-0 in the semifinals early Thursday after beating China's Fengliu

Zhang 5-2 in the quarter-finals. She was an easy winner over Germany's Maria Selmaier in the opening round.

"She beat the top six women at last year's world championship so we knew she had it in her, it was getting her to do it in this arena," her Calgary coach, Paul Ragusa said.

"We had some major words that we focused on: grit, discipline, focus, being sharp and crisp, and that's what she was today."

The five-foot-nine Wiebe was a bundle of enthusiasm before the gold-medal bout, bounding

into the ring like she was on springs. And when it was over, the goal reached, the perfect day an emotional medal ceremony from being over, she first grabbed Ragusa, hugged him within in an inch of his life and then carried him around on her shoulders for a victory lap of the mat.

"I just wanted to unleash everything I've put in over the last eight years," Wiebe said. "We work really hard and to not put it all on the mat, that's the worst feeling, that's what I wanted to do today."



PHOTOS BY GETTY IMAGES

RIO CanCon

Warner reels in bronze

Damian Warner captured bronze in the decathlon on Thursday at the Rio Olympics 2.

The London, Ont., native finished the 10-discipline competition with 8,666 points. He matches Dave Steen from the 1988 Seoul Games for the bestever Canadian finish in decathlon.

Defending champion Ashton Eaton of the U.S. won gold with 8,893 points while France's Kevin Mayer took silver with 8,834 points. THE CANADIAN PRESS

Benfeito captures second medal of the Games

Diver Meaghan Benfeito capped off her Rio run in style after winning her second bronze and first individual medal 3.

The 27-year-old from Laval, Que., finished with an overall score of 389.20, behind Ren Qian and Si Yajie of China. She previously won bronze with Roseline Filion in the 10-metre synchronized event. THE CANADIAN PRESS

Henderson on birdie watch

Brooke Henderson made her move in the second round of women's golf.

The product of Smiths Falls, Ont., had five consecutive birdies to finish 7-under 64 and shot up the leaderboard into a tie for third with Britain's Charley Hull, closing in on South Korea's Inbee Park and American Stacy Lewis. THE CANADIAN PRESS

RIOIn brief

Doping weightlifter stripped of bronze medal It was a busy day for

doping suspensions. Doping officials announced Thursday that a weightlifter from Kyrgyzstan, swimmer from China, cyclist from Brazil

and canoeist from Moldova

all tested positive for drugs. Kyrgyzstan's Izzat Artykov had won the bronze in the 69-kilogram category on Tuesday with a total of 339 kilograms lifted, but was stripped of the medal.

THE ASSOCIATED PRESS

Brothers win gold and silver in the triathlon

Alistair Brownlee of Britain successfully defended his gold medal in the men's triathlon. His younger brother Jonathan, who took bronze in London four years ago, moved up to silver this time around. THE ASSOCIATED PRESS



TRACK AND FIELD

De Grasse fastest after Bolt in 200

He could not beat Usain Bolt. Nobody can, when it matters. When it matters, Bolt has all the answers. He dances in, wiggles and shakes and never shows nerves, because he knows he has the answer in his back pocket.

But Markham, Ont.'s Andre De Grasse had one last real headto-head shot with the greatest, and if you want to be the greatest, you take your shot. Bolt says he will retire after the 2017 world championships: he will turn 30 on Sunday, and has already climbed all the mountains.

So, in the 200-metre final, Bolt tried for a last individual bout



There was no laughing ... I wanted to challenge him for a gold medal.

Andre De Grasse

of glory on the biggest stage on Earth, and the 21-year-old Canadian tried to run with him. Bolt danced in the intros, so comfortable. He said he wanted to break his record of 19.19 from 2009, but that was never on the table.

Still, dominant: a 19.78 that

left everyone behind. And the closest man to him was Andre De Grasse in 20.02

"I was feeling pretty good. I was ready to try to challenge him and he just ran away from me," De Grasse told CBC, "It is what it is."

France's Christophe Lemaitre won bronze in a time of 20.12. But De Grasse was clearly the second-best runner in the field. Justin Gatlin, the American silver medallist in the 100, didn't make the final here. De Grasse did.

"It's my first Olympic Games I can't complain ... I'm just look-



Usain Bolt GETTY IMAGES

ing forward to the next one," he said.

"I never thought this would happen so it really is a dream come true." TORSTAR NEWS SERVICE

MELESPORTS

The Buffalo Bills have made a \$35-million deal to change the name of their home from Ralph Wilson Stadium to New Era Field

Brazil officials say 'no robbery was committed'

RIO2016

Security footage sheds light on swimmers' wild night at Games

Brazilian police said Thursday that swimmer Ryan Lochte and U.S. teammates were not robbed after a night of partying, and that the intoxicated athletes instead vandalized a gas station bathroom and were questioned by armed guards before they paid for the damage and left.

The robbery that was or wasn't has become the biggest spectacle outside of the Games in Rio.

"No robbery was committed against these athletes. They were not victims of the crimes they claimed," Civil Police Chief Fernando Veloso said during an afternoon news conference.

The police account raised questions about whether it's possible Lochte and the swimmers believed they were victims of a robbery. Lochte's attorney has maintained that one took place. He, as well as Lochte's father and agent, did not return phone calls.

Lochte initially said he and Jack Conger, Gunnar Bentz and Jimmy Feigen were held at gunpoint and robbed. Police said earlier this week that they couldn't find evidence to substantiate the claim, and a judge ordered the swimmers' passports held. Lochte

had already returned to the U.S. but the others stayed, and Conger and Bentz were pulled off a plane at the Rio airport.

While some details in the official account of the story changed on Thursday — police first said no guns were involved, then backtracked and said two guards drew weapons — security video confirmed that the athletes vandalized parts of the gas station.

A gas station worker arrives, and other workers go to inspect the damage. Veloso said the swimmers broke a door, a soap dispenser and a mirror.

The swimmers eventually talk with security guards, who persuade them to walk to another section of the station.

As they talk, two of the swimmers put their hands up and all four sit down on a curb. After several minutes, they stand up and appear to exchange something — perhaps cash, as police said — with one of the men.

A police official speaking on condition of anonymity said two guards pointed guns at the swimmers. Veloso said the guards would have been justified in drawing their guns because the athletes "were conducting themselves in a violent way."

A station employee called police, and the guards and employees tried to get the swimmers to stay until authorities arrived, Veloso said. But he said the athletes wanted to leave, so paid 100 Brazilian reals (about \$33 US) and \$20 in U.S. currency and left. THE ASSOCIATED PRESS



Ryan Lochte is back in the U.S. but his swimming teammates Jack Conger, from bottom left, Gunnar Bentz and Jimmy Feigen are still in South America. ALL PHOTOS GETTY IMAGES







DOPING INVESTIGATION

Harrison agrees to meet with league

Steelers linebacker James Harrison is willing to meet with the NFL to discuss an alleged link to performance-enhancing drugs — but only five days after a deadline the league has imposed while threatening him and three other players with indefinite suspensions.

NFL Players Association attorney Heather McPhee sent a letter to the NFL on Thursday, accusing it of trying to "bully and publicly shame" Harrison without offering evidence beyond a brief mention in a TV interview last year that was recanted by the accuser.

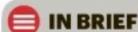
Green Bay's Clay Matthews and Julius Peppers, and free agent Mike Neal also were threatened with suspensions.

The league's deadline for cooperation from the four players is Aug. 25. McPhee's letter says Harrison would meet with the NFL at 5 p.m. on Aug. 30 at the team's facility, and would only discuss the portion of the Al-Jazeera interview that mentioned the 14-year veteran.

In the report, Charlie Sly, who worked as an intern at an anti-aging clinic, made claims of PED use against several athletes, including the four linebackers. Sly later recanted his claims.

"Is the NFL aware of any credible evidence — other than the recanted remarks by one individual shown by Al-Jazeera that indicates that there is any validity to the remarks about Mr. Harrison?" McPhee wrote to Adolpho Birch, the NFL's senior vice-president for labour policy and league affairs.

THE ASSOCIATED PRESS



Tigers' slow down Red Sox

Miguel Cabrera reached another milestone, and that was just one highlight for the Detroit Tigers in a scrappy eighth-inning comeback.

Cabrera singled for his
1,000th RBI with the Tigers,
and Detroit went on to score
three runs in the eighth,
rallying for a 4-3 win over the
Red Sox on Thursday that
snapped Boston's six-game
winning streak. Second
baseman Ian Kinsler caught a
line drive by Mookie Betts for
the final out in the ninth with
runners on second and third.
THE ASSOCIATED PRESS

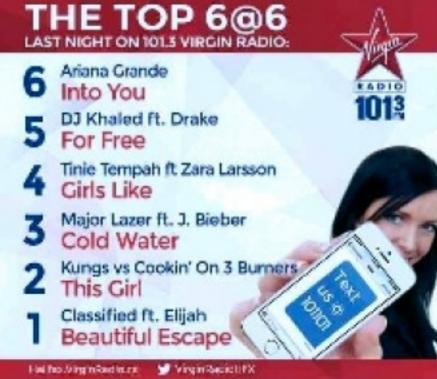
Mariners sale approved

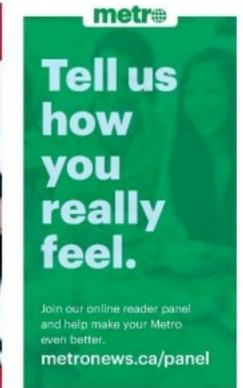
Major League Baseball owners approved the sale of a controlling stake in the Seattle Mariners from Nintendo of America to a group of minority owners led by Western Wireless Corp. founder John Stanton and retired Microsoft executive Chris Larson.

The sale was announced in April and approved Thursday. Baseball commissioner Rob Manfred said the deal will close Friday or Monday.

THE ASSOCIATED PRESS







AUGUST 19 SERVICE DIRECTORY To advertise contact 902-421-5824

Last season's top 2 already wounded

Arsenal and Leicester face off after big week 1 losses

When the English Premier League champions take on the runners-up, the stage should be set for a clash between two teams bursting with confidence.

That won't be the case when Leicester hosts Arsenal on Saturday. Not after both teams slumped to defeats on the opening weekend of the new season. Leicester manager Claudio Ranieri even talked about his team's target of avoiding relegation after a 2-1 loss to newlypromoted Hull, while Arsene Wenger conceded that his Arsenal side just wasn't ready for an opening match that ended in a 4-3 home defeat to Liverpool.

Along with the final score, a worrying aspect of Leicester's game was just how much Ranieri's

defence lacked the protection of combative midfielder N'Golo Kante, who has joined Chelsea.

Pogba will make his debut for Manchester Having built United on Friday. last season's success largely on a counter-attacking game, Leicester also found it harder to change roles and take the game to its opponent. There was better news off the pitch, though, with Leicester's announcement on Wednesday that Algeria playmaker Riyad Mahrez, a



Leicester's Riyad Mahrez shields the ball from Arsenal's Alexis Sanchez last year at King Power Stadium. MICHAEL REGAN/GETTY IMAGES

alongside 24-goal Jamie Vardy in last season's title triumph, had signed a new contract through

For their part, travelling Arsenal fans will be hoping that some of the first-team regulars who were rested against Liverpool - including centre-half Laurent Koscielny — will be back in the side but there will

be no expectations of a repeat of their team's remarkable 5-2 victory in the Mid-Record \$116 million lands last season.

> The 66-yearold Wenger said he may be tempted to take the gamble of reintroducing Koscielny into the side while revealing both Aaron Ramsev and Alex Iwobi face three

weeks out after picking up knocks against Liverpool. "I will have to take a gamble maybe, but I will still have 48 hours to decide that,"

WEEK 2 MATCHES

FRIDAY

Southampton at Man United SATURDAY

Man City at Stoke Hull City at Swansea Crystal Palace at Tottenham Chelsea at Watford Everton at West Brom Liverpool at Burnley Arsenal at Leicester

SUNDAY Middlesbrough at Sunderland Bournemouth at West Ham

Wenger said Thursday. "If I have to take a gamble on one, it's certainly on him (Koscielny)."

Elsewhere, Liverpool heads for newly-promoted Burnley, while Chelsea is away to Watford after Antonio Conte celebrated his first league match as Blues manager with a home win over West Ham on Monday night. THE ASSOCIATED PRESS

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🛑 IN BRIEF

Evans leads Czech Masters

key figure

Ryan Evans shot a 6-under 66 to take the first round lead at the Czech Masters on Thursday. The Englishman, 29, who is seeking his first European Tour title, birdied the 18th to finish one stroke ahead of defending champion Thomas Pieters of Belgium and Swede Peter Hanson.

Coming off a fourthplace finish at the Olympic course in Rio de Janeiro on Sunday, Pieters surged to a 7 under after 6 holes but double bogeyed on the 8th. THE ASSOCIATED PRESS

BIG ADDITION

(US) signing Paul

Sharper gets 18 years for multiple rapes

Former NFL star Darren Sharper has been sentenced to 18 years and four months in prison in a case where he was accused of drugging and raping as many as 16 women in four states.

U.S. District Judge Jane Triche Milazzo sentenced Sharper on Thursday, telling him she couldn't understand how he did what he did, since he was college educated and obviously had grown up "in one of the most loving households."

"We can never ignore the dam-



Sharper

GETTY IMAGES

age you inflicted on those women," she said. Sharper had

pleaded guilty in federal court in New Orleans to drugging three women so he

could rape them. He also has pleaded guilty or no contest in state courts in four states to charges arising from allegations of drugging and raping women. THE ASSOCIATED PRESS

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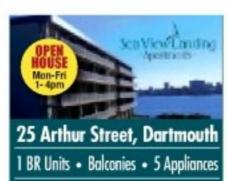
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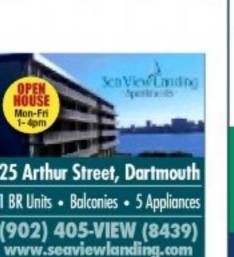
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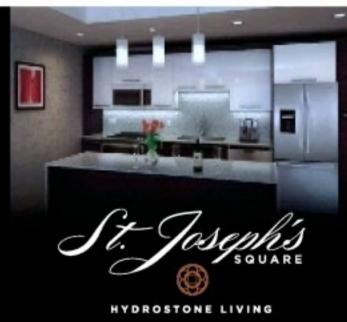




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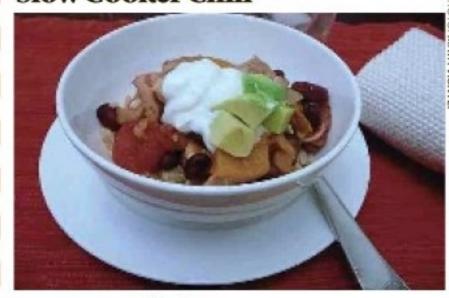
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Ceri Marsh & Laura Keogh For Metro Canada

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Prep time: 20 minutes Serves 4

Ingredients

- 3/4 cup bacon, chopped into inch-length pieces
- 500 gram pork loin, cubed
- · Glug of vegetable or olive oil · 2 onions, diced
- 4 cloves garlic, minced
- 1 sweet pepper, chopped
- 1 carrot, peeled and diced
- 1 1/2 tsp cumin
- salt and pepper to taste
- 2 x 19 ounce cans beans, rinsed
- 1/2 cup of strained canned to-
- matoes 1 cup water

Directions

- 1. In a large skillet, brown the bacon for about 5 to 10 minutes. Place on a piece of paper towel and drain almost all excess fat.
- 2. In small-ish batches, brown the pork in the skillet. Place the bacon and pork into the slow cooker.
- 3. Toss all of the vegetables in the skillet over medium heat. Sprinkle cumin over the vegetables and give it a good stir until they just begin to soften.
- Place vegetables, tomatoes. water and beans in the slow cooker, stir and set to low for 6 to 8 hours.

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6. Ms. Helgenberger 10. Mr. Hunter 13. "Coffee ___?" 14. Busy as ___ 15. "__ surprised as you!" 17. RIO 2016: Prior to Rio, the last time Golf was an Olympic sport was St. Louis 1904 when a Canadian won the gold medal ...who was he?: 2 wds.

1. RIO 2016: Basketball,

Pro _ (Proportionately) 20. Brave New World tablet

21. Ottawa: The Red Chamber figure 23. Prefix meaning 'Eight'

26. _ Beach, Hawaii 28. RIO 2016: Horse

(Component of #57-Across) 29. RIO 2016: Cross-Country need in Cycling: 2 wds.

32. Wayward 33. Electrical discharge

34. Judy, to Liza 37. The J. _ Band 38. In favour 39. "___ film today..."

(Beatles line) 41. Prince Valiant's son 42. The Col.'s eatery

43. CAA service 44. RIO 2016: __

Swimming 47. Music storage container: 2 letters + wd. 50. Royal officer, for

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short 51, 'Trillion'-meaning prefix 52. RIO 2016: Jumped-over things in Track & Field 54. Infamous Vamp. 56. "__..." (Prayer beginning)

57. RIO 2016: Modem

62. Ratchet part 63. Water: Spanish 64. Comedy act,

Stiller & _ 65. Compass dir. 66. "Drats!"

67. Particular poet

DOWN

1. Don't share 2. Mined stuff

3. 'Ear'-meaning prefix 4. RIO 2016: _ best (Athlete's top-ever

performance) 5. Palm starch 6. RIO 2016: Lilongwe

is this IOC country's

7. 'Lull' ending 8. Antique autos [abbr.]

9. Non-name brand 10. Rant 11. Violin-making family 12. RIO 2016: 4 x 100m Relay prop in

Famed puppeteer Tony 18. 1933 Broadway musical, Let '__ Cake

22. 'Neat' suffix 23. RIO 2016: Olympics official timekeeper

24. Apples gadget 25. Burial shroud city

in Italy 27. Lawlessness

30. Heavy wts. 31. Fam. member

34. Corn 35. Proprietor 36. Eva and Zsa Zsa

Gabor's older sister 38. Gomer Pyle's rank [acronym]

39. 'Opt' suffix 40. Changed 42. RIO 2016: Ath-

lete's protection, perhaps 43. Bing Crosby's _-_-Loo-Ra-Loo-Ral"

44. RIO 2016: Equestrian's seat 45. Couture monogram

46. ___sale 47. Prepare veg-

48. "Max _ Returns" (1983)49. Queen Elizabeth's

'hat' 53. Video game maker 55. Prefix with 'sphere'

58. Called-one's occupation Movies composer

Francis 60. Hosp. sites

61. _ Geo (Nature mag, cutely)

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20 This is a loosey-goosey day. It's a poor day for major purchases and important decisions. (It's OK to buy food and gas.)

Taurus April 21 - May 21 If you can hunker down at home today, you will enjoy yourself, because you need to cocoon right now. This is a creative day for you, especially if you work in the arts.

Gemini May 22 - June 21 You're eager to communicate with others now; however, tension with partners and close friends is likely. This tension will be gone by the end of September.

Cancer June 22 - July 23 Be careful, because you are focused on money right now and probably considering a major purchase. Today is a poor day for a major purchase. Wait until tomorrow.

Leo July 24 - Aug. 23 You have a few more days with the Sun in your sign giving you a chance to re-energize yourself. People and favorable situations are attracted to you. Make the most of this.

Virgo Aug. 24 - Sept. 23 Although this is a good time to buy wardrobe items for yourself, today is not the day. Wait until tomorrow; you will be glad you did.

Libra Sept. 24 - Oct. 23 In one way, you are keen to socialize, and you are out there flying your colors. However, a different influence makes you want to hide and be low-key. At least you have a choice.

Scorpio Oct. 24 - Nov. 22 This is a great day to schmooze with others. Keep things lighthearted and avoid important decisions. Don't volunteer for anything.

Sagittarius Nov. 23 - Dec. 21 Travel, education and publishing are on your mind now. However, this is a poor day to make a decision regarding these matters. Nevertheless, it's a lighthearted, creative day for you.

Capricorn Dec. 22 - Jan. 20 You will enjoy talking to people from different cultures and different backgrounds, because you want to learn something new. It's easy to be openminded today.

Aquarius Jan. 21 - Feb. 19 It's good to know that you can benefit from the wealth and resources of others at this time. Today, however, is a poor day for important decisions, especially about a commitment.

) Pisces

Feb. 20 - March 20 Relations with partners and close friends are unusually warm and cozy now. Don't hesitate to tell others how much you care. Don't leave it to their imagination.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

Track & Field

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